



+91 8126089649



+91 80771 98816



triphimalaya8126@gmail.com



Mon-Sun 07:00 AM -10:00 PM

Phulara Ridge Trek

Make your booking with TRIP ON HIMALAYA | First Ever Most Discounted Tour Package

[Website: https://www.triphimalaya.com/](https://www.triphimalaya.com/)

Price: Rs. 6,999 per adult (Sankari to Sankari)

Price: Rs. 8,999 per adult (Dehradun to Dehradun)



Overview

Often considered Goddess, Maldaru lake is extremely beautiful with crystal clear water. Being surrounded by several unnamed peaks, it is unique in its beauty. Once you are here, standing near the lake and feeling the extremely tranquil environment you are definitely not going to leave this place sooner. The place is not less than God's gift to us.

- Phulara Ridge Trek- UTTARAKHAND
- State :- Uttarakhand
- Duration :- 6 Days
- Grade :- Easy to Moderate
- Max Altitude :- 3690m / 12106 ft
- Trek Distance :- 30 Kms.

The Phulara Ridge Trek is one of the loveliest treks to be experienced in Uttarakhand. Whether you are budding trekkers or experienced ones, you will enjoy the Phulara Ridge Trek without any doubt. The journey starts from Dehradun to Sankri and then to Phulara Ridge trek by crossing various meadows and villages. The temperature over here is low, and hence snow can be seen in the spring season also. But the best time to hit this place is during May and June, or you may also visit between September and November. There are various attractions present here which are enough to pull the travellers here. The meadows of Pushtara are one of them and are worth experiencing. The lush green ambiance invites travellers worldwide to come and let them loose in this mother nature's lap.

Today, each of us is busy in our lives and hence a little time we have for ourselves to find peace and calm. Life is one, and therefore each moment must be utilized up to the limit. Foreign trips are something that everyone can not afford, but India's Uttarakhand state is a hub of trekking spots and many more tourist attractions.

Today, each of us is busy in our lives and hence a little time we have for ourselves to find peace and calm. Life is one, and therefore each moment must be utilized up to the limit. Foreign trips are something that everyone can not afford, but India's Uttarakhand state is a hub of trekking spots and many more tourist attractions.

Therefore, you must come over here to make out some time for yourself and enjoy a few moments in the tranquil ambiance. We provide the best Phulara Ridge Trek Package so that people can easily afford it and can not let their dream die just for the sake of money. We welcome people across the world and provide the best requirements to travellers.

You can know more about the Phulara Ridge Trek in the Detailed Itinerary with the day-to-day schedule of the trek.

Short Itinerary

DAY 1: Drive Dehradun to Sankri

- Distance 200km and time can take around 9/10 hrs



DAY 2: Sankri to Sikolta

- Distance 5 km
- time can take around 5/6 hours



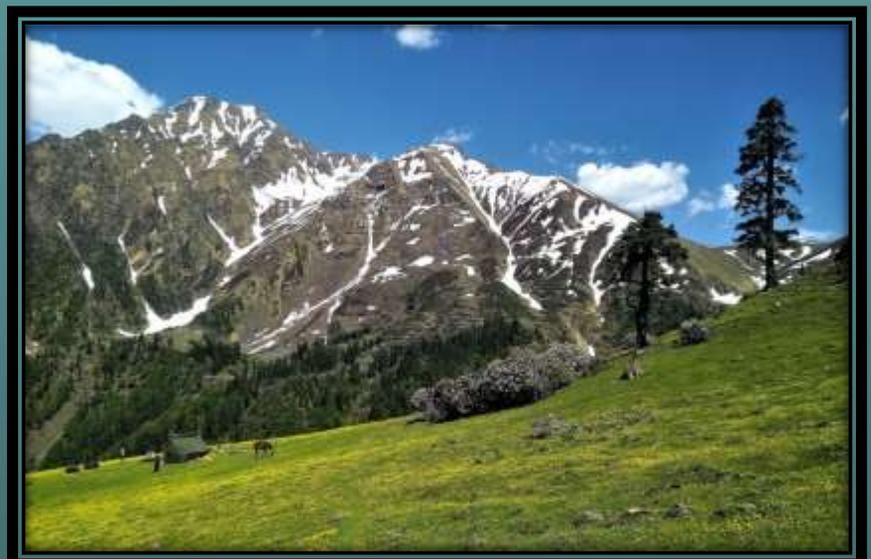
DAY 3: Trek to Bhoj Gadi

- Time takes around 4/5 hrs
- Distance 10 Km



DAY 4: Trek to Pushtara over Phulara ridge

- Time takes around 6 hrs.



DAY 5: Trek to Taluka

- Time takes around 4/5 hours.
- Distance Pushtara (9,500 ft) to Taluka (7,953 ft)



DAY 6 : Drive from Sankri to Dehradun

- Distance 200 km and time can
- Take around 8/9 hrs.



Details Itinerary

Day 1: Drive Dehradun to Sankri

Drive Dehradun to Sankri The first day starts with full enthusiasm, excitement, and joy from Dehradun to Sankri. The journey to Phulara Ridge Trek starts from here. Around 198 km is to be travelled, which takes about 8-9 hours.

Amidst the trip to Sankri, you will hit breathtaking views of Mori Naitwar, Nainbagh, Jarmola & Naugaon. In addition to this, you will see various natural water streams, a variety of flora and fauna. After reaching Sankri Village, you will encounter a fantastic sunset that will add to your unforgettable sweet memories.

The village consists of many shops and dhabas with traditional food. People are so innocent and friendly. You will indeed feel connected to this place from the very first day. In the evening, you may roam around the local markets of the village, which looks great at night especially.

Day 2: Sankri to Sikolta

On the second day, you will be heading towards Sikolta from the Sankri Village. Sikolta, which is 2830 meters above sea level, is 4-5 hours away from Sankri Village. You will have breakfast in Sankri in the early morning and then will start the trek towards Sikolta. During the trek, you will see thick forests consisting of pinewood trees, walnut trees, and many more, which will give you a thrilling adventure. The journey will be full of enjoyment. You will see the snow-covered Himalayas, which will fill you with more curiosity to continue your journey further. After reaching Skilota, you will have dinner and spend the whole night in the tents in Sakolta.

After having breakfast, we will begin our trek to Sikolta and undergo a cute pine wooded area. During the trek, you're going to find lovely crimson lilies in addition to yellow marsh marigold blooming. After some hours of trekking, you may have a captivating sight of snow-included mountains. Your dinner and night stay may be scheduled in tents at Sikolta.

Day 3: Trek to Bhoj Gadi

Day 3 will take you to Bhoj Gadi from Sikolta. Bhoj Gadi is located at an altitude of 3400 m. The trek will be for 4 hours. The level of the trek will be from Easy-moderate. In between the trek, you will be able to view the eye-catching scenes of the Kedarkantha Peak.

The vistas of other neighbouring mountains and other meadows will be worth experiencing. You can envisage from this point of time how beautiful the further journey could be. After 4 hours, you will reach Bhoj Gadi, and here you can enjoy your rest of the time. Every necessity will be provided to the travellers from time to time.

Day 4: Trek to Pushtara over Phulara ridge

This day you need to move towards Pushtara Meadows(2890 m) via Phulara Ridge(3690 m). The time for this trek is estimated at 5-6 hours. The hike could be a little challenging, so all the travellers are advised to keep their water bottles or soft drinks with them. You will experience various Himalayan Monals in between the trek. After you reach the summit, you will be amazed to see the view of Hanuman Top, Bandarpoonch, and Swargarohini. The scenic beauty of Pushtara Meadows and its lush green area will make you fall in love with this place for sure.

Day 5: Trek to Taluka

Now is the time to set back and say goodbye to Phulara Ridge Trek. From Pushtara Meadows, you will return to Sankri via Taluka. First, you will trek to Taluka for about 4-5 hours and then drive to Sankri from Taluka for 1 hour. We advise you to enjoy this time most as this will be your last day of such a fantastic trek. Make sure to have vistas of sunrise. While trekking to Taluka, observe and enjoy everything. The dense forests of pine wood will help you to regain your memories. After reaching Taluka, we will drive to Sankri.

Day 6: Drive from Sankri to Dehradun

Hence, your get concluded on this day. You will drive to Dehradun from Sankri. After breakfast, you will be travelling and will reach Dehradun by evening. But this is not the conclusion; there are more such treks of Uttarakhand you need to discover in the future.

How to Reach

By Air

Jolly Grant Airport, Dehradun, is located about 20 km from the city. You will find a daily flight from Delhi to Dehradun.

By Train

Overnight train to Dehradun from Delhi

- Nanda Devi Express - Departure 11:50pm; Arrival - 5:40am
- Dehradun Express - Departure - 9:10pm; Arrival - 5:00am

By Bus

From Delhi's ISBT Kashmere Gate, a regular bus service from Delhi to Dehradun is available.

Note:- We recommend taking only government buses from ISBT Kashmere Gate.

Quick overview

The vehicle will pick you up from Dehradun Railway Station at 6:00 am, pick charges are included.

You will reach Sankri around 5:00 pm

Food from Dehradun to Sankri is not included in the cost.

Terms & Conditions

Inclusions

1. Accommodation. (Guest house, Home stay, Camping)
2. Meals while on trek (Veg.+ Egg)
3. Trek equipment's: Sleeping bag, mattress, tent (twin sharing), kitchen & dinning tent, toilet tent, utensils and crampon (if required)
4. All necessary permits and entry fees.
5. First aid medical kits, stretcher and oxygen cylinder.
6. Mountaineering qualified & professional trek Leader, guide and Support staff.
7. Mules to carry the central luggage

Exclusions

1. Any kind of personal expenses.
2. Food during the transit.
3. Insurance.
4. Mules or porter to carry personal luggage.
5. Anything not specifically mentioned under the head.
6. Any kind of emergency evacuation charges.

Note

Normally Trip on Himalaya expect to carry your personal luggage on your own, if you wish to offload your backpack, you can give it to Mule.

Charges of offloading backpack:-

INR 2100/- if you make an online payment, 10 days in advance

INR 2400/- if you inform us after reaching Sankri

The backpack cannot weigh more than 11 kgs. Backpack should have waterproof cover. Suitcases/strolleys/ bags will not be allowed.

To book Rupin Pass Trek/ adventure program please use our online booking form or, alternatively, you can call us on the given for confirmation of tour you have to wire a deposit and initial deposit.

Paying the Trek/ Adventure activity fee

The fee can be paid by online transfer/check deposit/ demand draft. Instruction for payment will be forwarded along with your confirmation email. When your transfer is done, please e-mail us a confirmation mail with your transfer details, so that we can follow up your reservation efficiently.

When to Book

It is wise to make your booking at least two months in advance. However, if you want a good deal on your domestic/international flight, we recommend organizing your trip at least five months in advance. (Please contact us if you require a late booking)

Terms for Cancellation & Refund:

Customer is suppose to make a full payment in advance for the confirm bookings.

If in case a confirmed booking needs to be cancel than below are the refund policies

1. Prior 30 days of the confirmed date, 50% of the total amount would be refunded
2. Prior 25 days of the confirmed date, 40% of the total amount would be refunded
3. Prior 20 days of the confirmed date, 30% of the total amount would be refunded
4. Prior 15 days of the confirmed date, 20% of the total amount would be refunded
5. Prior 10 days of the confirmed date, 10% of the total amount would be refunded

Note: After the said time the Trip on Himalaya would not be entertaining any cancelation and no amount would be refunded whatsoever.

Trek Essentials

Trekking Gear

1. Ruck sack bag with rain cover. Qty -1
2. Day Pack Bag - Recommended for treks with summit day
3. Head Torch with spare Batteries. Qty -1
4. U V protection sunglasses. Qty -1
5. Water Bottles: 2 bottles of 1 liter each

Footwear

1. Non-skid, deep treaded, high-ankle trekking shoes Qty -1
2. Pair of light weight Slipper/Sandals Qty -1

Clothing

1. Quick Dry Warm lower or Track Pants. Qty - 2
2. Full sleeves T-shirts/ Sweatshirts. 1 for every 2 days of trekking
3. Pair of thick woolen socks. 1 pair for every two days of trekking
4. Thermal Body warmer Upper & Lower. Qty-1
5. Undergarments. Qty - 1 for every day of trekking
6. Warm jacket closed at wrist & neck .Qty-1
7. Full sleeves sweater. Qty -1
8. Rain wear (Jacket & Pants) . Qty-1
9. Pair of waterproof, warm gloves. Qty-1
10. Woolen cap. Qty-1
11. Sun shielding Hat. Qty -1

Toiletries

1. Personal toiletries kit (Small Towel, Toilet paper, paper soap, Bar soap, toothbrush, toothpaste, cold cream etc.)
2. Sun screen lotion small pack . Qty -1
3. Lip Balm small pack. Qty-1

Utensils

1. Small size, Light weight & Leak proof lunch box. Qty-1
2. Plate. Qty- 1
3. Spoon. Qty-1
4. Tea/Coffee (plastic) Mug. Qty-1

Miscellaneous

1. Camera (Optional)
2. Carry your medicines in plenty in case you have any specific ailment. Consult your doctor before joining the trek.
3. Dry fruits, Nuts, Chocolate bars (Optional)

Fitness For Trekking

Tips to get fit for Trekking

Experiencing trek is almost everyone's passion or dream. But before starting or planning for a hike, you must be aware of the during and post-trek pain of your body. It is essential to be strong enough to enjoy your whole trek without any disruption of body ache. One book or decide several months before going on a hike, so you have a significant amount of time exercising your body and training it to become flexible for the trek.

Following are some advantages of training yourself before trek:

- It fosters aerobic fitness.
- It improves blood circulation and breathing functions as well.
- It makes the heart strong, preventing it from any problem.
- It helps in toning legs.
- Muscles get build-up which is very beneficial.

Therefore, one must do practice to gain all these benefits. It is not only for the trek but for lifetime fitness also.

Let's have a look at some factors which must be kept in mind to practice before trek:

Importance of Stretching

It helps the body become flexible and allows you to move your body in any direction you want quickly. It helps make the joints such as shoulders, elbows, hips and knees stronger to prevent any misshaping. It provides much relaxation to your body and relieves the pain. And if you are going on a trek, it is essential to practice stretching way before your hike. It will help you in moving to the higher altitudes region more efficiently.

Sleep like baby

It is always said that one must sleep like a baby. It means sleep without any worries. This makes you have an adequate amount of sleep which is a significant factor in daily life. So, practice it daily and also before your trek. Try to make yourself comfortable to sleep at higher altitudes.

Fitness For Trekking

Good Shoes-Good Trek

It is so evident that one has to walk and only walk while Trekking, so it is far more essential to have a good pair of trekking/hiking shoes. Practice walking by wearing your boots before the trek to make yourself used to them. You may opt for an option to keep an extra pair in your bag while trek to help yourself in the opposite condition.

Contact Us

Head Office: House No 15 Sarshwati Vihar D' Block Ajabpur Khurd Dehradun 248001

Branch Office: Saur Sankari Mori Uttarkashi 249185

Phone No.: [+91 94129 35843](tel:+919412935843)

Office No.: [+91 80071 98816](tel:+918007198816)

Whatsapp No.: [+91 81260 89649](tel:+918126089649)

Website: <https://triphimalaya.com/>

Trip on Himalaya
24*7 Hours At Your Service

