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Mon-Sun 07:00 AM -10:00 PM

Buran Ghati Trek

Make your booking with TRIP ON HIMALAYA | First Ever Most Discounted Tour Package

Website: <https://www.triphimalaya.com/>

Price: Rs. 13,999 per adult (Shimla to Janglik Village)



Overview

- Region:- Himachal Pradesh
- Duration:- 7 Days
- Rank:- Moderate To Difficult
- Maximum Altitude :- 15,000 Ft
- Approximate Trekking Distance:- 26 Km

If you are a keen lover of adventure then we have come up with the best adventurous camp for you, i.e. Buran Ghati trek. It is something which is especially loved by adventurous or trek-loving people. Buran Ghati trek is full of excitement, thrill, adventure, amazing sight views, and many more. The complete Buran Ghati Trek package is just awesome. You can see the elegant view of the meadows of Dayara. You will see snow-covered mountains all around. There are various landscapes that you can discover from the destination. Located at the altitude of 15,000 ft in Himachal Pradesh, the Buran Ghati trek is one of the best treks in the state. The trek is about 25-30 km and lies in the region of the Greater Himalayas. The journey of the trek begins at Janglik and gets completed at Barua. The best thing here is when a person climbs at the top of Buran Ghati and then starts rappelling down on the other side of the top. It is the most thrilling experience one could experience. As it is a good height, snow can be seen everywhere.

The two villages (Janglik & Barua) you will have to cross are beautifully designed. You can see the widespread culture of the state everywhere in the villages. From the top, you can have vistas of the Dhauladhar range and also a flash of many other peaks in the surrounding. The wonderful sight of Kinner-Kailash peak from the top is something worth to be seen. We are well-versed with the place and provide the best Buran Ghati trek package.

Short Itinerary

DAY 1: Shimla to Janglik Village

- Altitude:- 2,800 m or 9,200 ft
- Distance:- 160 km & Time:- 9-11 hours by drive
- Pick-up from/at:- Shimla Old Bus Stand/6.30 am
- Shimla to Rohru: 115 Km



DAY 2: Janglik to Dayara Thatch

- Altitude:- 3,400 m or 11,150 ft
- Trek Distance/Time:- 4 km/5-6 hours
- Water Sources:- available on the way
- Shepherd's huts on the way
- Various pine, Oak, deodar forests and meadows will be covered
- Night Stay:- Tent(Sharing-2)



DAY 3: - Dayara Thatch to Litham

- Altitude:- 3,600 m or 11,800 ft
- Trek Distance/Time:- 3 km/3-4 hours
- Water Sources:- available on the way
- Move through Silver Birch forest and Chandranahan waterfall
- Dhauladhar range with snow-covered mountains
- Hot lunch



DAY 4: Visit Chandranahan Lake & back to Lithum

- Altitude:- 4,200 m or 13,800 ft
- Trek Distance/Time:- 3 km (Single way)/6-7 hours
 - Begin:- Early morning
- Water Sources:- available on the way
- Chandranahan forms a group of 7 lakes
- 3 lakes can be seen
- Hot lunch



DAY 5: - Litham to Dhunda

- Altitude:- 4,000 m or 3,100 ft
- Trek Distance/Time:- 4 km/5-6 hours
- Water Sources:- available on the way
- Hot lunch



DAY 6: – Dhunda to Munirang (River camping) through Buran Ghafi Pass

- Altitude:- 3,600 m or 11,800 ft via 4,550 m or 15,000 ft
- Trek Distance/Time:- 7 km/10-11 hours
- Do carry water bottles with you
- Do follow your guide's instructions
- Riverside camping
- Packed lunch



DAY 7: Munirang (River camping) to Barua village and then Drive to Shimla

- Altitude:- 2,000 m or 6,600 ft
- Trek Distance/Time:- 5 km/4-5 hours
- Do carry water bottles with you
- Forests to be crossed
- Reach Barua village by- 12:00 pm
- Lunch:- Barua village
- Leave for Shimla:- 1:00 pm
- Reach Shimla:- between 10:00 p.m. to 11:00 p.m.



Details Itinerary

Day 1: Shimla to Janglik Village

Janglik village(2,800 m or 9,200 ft) will serve as a base camp for Buran Ghati. You will be picked up in Shimla and then will drive to this base camp. And from this base camp, your further trek/hike will start. It will take around 9-11 hours to reach the village. While you will be moving towards Janglik Village, you will discover Rohru in the mid-way which is beautiful enough to adore. Moreover, you will also encompass various villages which depict the culture of the Himachal state. Meanwhile, thick forests with oak and pine trees will amaze you. Lunch will be served on the way to Diude. After passing several villages, you will reach Diude where you will have your dinner at the campsite or guesthouse. To be notified, the last ATM that can be discovered is present at Rohru so utilize it if you want.

Day 2: Janglik to Dayara Thatch(3,400 m or 11,150 ft)

Make sure to rise as early as possible so as not to miss the morning sight of the place. After morning tea & breakfast, you will move ahead. Trek on this day will introduce you to various wheat fields that are so well-organized, farmhouses made up of wood will be eye-catching for you.

In short, in the first phase of the trek, you will get to admire the complete site of Diude and many other traditional villages. It will take around 4-5 hours to complete the route. You will take a rest and will have some refreshments. With that, you will see numerous pine trees surrounded around you. So, while relaxing you can sense nature from the beneath side of your heart and it will surely fill you with freshness and energy. Then after moving forward, you will see thicker forests of oak and pine than before. The pathways are so beautiful and will welcome you with plenty of leaves fallen down. Your second day will end at Dayara Meadows. Have your dinner at the campsite and spend overnight here.

Day 3: Dayara Thatch to Litham(3,600 m or 11,800 ft)

You can capture the beautiful morning at Dayara meadows and can save it for a lifetime. You will have your breakfast and morning tea at your campsite. You will actually adore the beauty of Dayara meadows during the sunrise. You will reach the destination in 3-4 hours.

Thereafter, you will start your trek and will again see dense forest along with lush green meadows and various water streams. After some time, you will be able to discover the forest of Bhoj which is worth adoring. And then eventually you will reach your destination if this day,i.e. Litham. Stay here overnight after a delicious dinner.

Day 4: Day to visit Chandranahan lake(4,200 m or 13,800 ft)

Try to wake up early in the morning as you have to return to the same place after the trek. After breakfast, you will head towards Chandranahan lake. The walk towards Chandranahan lake is quite satisfying. Click pictures, explore while walking, get in touch with nature and tradition. After that, you will be walking in an upstream direction so as to reach the place from where the waterfalls begin. Even in summers, you might be able to see snow. After reaching the lake you can enjoy the place, take some time to explore the place, and click pictures. After spending some quality time near the lake, you will be moving back to Lithum. Remember while you will return, there will be downstream and hence it is very important to maintain your body balance. So, it is highly recommended to listen to your guide's instructions and follow them. Then your day will end by reaching Lithum where you will have your dinner and will spend overnight at the campsite.

Day 5: Litham to Dhunda

In the morning, you will start your trek from Lithium towards Dhunda. Dhunda(13,300 ft) will take at least 2-2.5 hours to reach. Dhunda provides you the best magnificent view all around. There are grey and white mountains. You will also have a heart-warming view of Buran Ghati. There you will see mountains completely covered with snow encircling you from all directions. You can click pictures of this amazing place and can enjoy it as much as you can. You will camp at this place surrounded by snowy mountains. Make sure to bring extra pairs of your warm clothes. You will end the fifth day of your journey at this beautiful destination and will enjoy it so much. You will be served a hot dinner at the same place and then will spend the night here in the camps.

Day 6: Dhunda to Munirang via Buran Ghati Pass(3,600 m or 11,800 ft via 4,550 m or 15,000 ft)

This day's trek is quite long so we will start early. The trek might take 10-11 hours(ascent and descent steep). After crossing Dhunda, you will need to cross the moraine and pass a few boulders to reach the base. Now, after reaching the base, you will be climbing to the top carefully. Snow will be there so take care while climbing. Buran Ghati which is situated at an elevation of 15,000 ft offers a really thrilling experience while climbing. Then you will have to pass Buran Ghati by lowering down from the other side but it is quite sharp. You need to be very careful while dropping down. Then you will reach the base of the pass.

Day 7: Munirang to Barua village & then Drive to Shimla(2,000 m or 6,600 ft)

This is the last day of your trek and this day you will head towards Barua Village. Vegetation is the specialty of the Barua Village. This trek is even more beautiful than the previous ones. You will see pine trees and some other trees everywhere around you. It will be fun while descending. After some time you will discover a water stream that finally merges with Barua khud. Following the stream, you will see a high number of shrubs lined up along with peach trees, apricot trees.

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How to Reach

By Air

You can land at Jubbarhatti airport which is at a 22 km distance from Shimla. You may also have access to Chandigarh Airport or Delhi airport as per comfort. Thereafter, reach the departure point and then your journey will get started.

By Train

The nearest station is Kalka from where you can reach the departure point via toy train or by booking cabs. It would be the best time to explore the beauty of Shimla.

By Road

You can always take roadways as a choice to reach Shimla. Shimla is connected to various cities via means of road. Luxury buses are also available from Delhi.

Quick overview

The vehicle will pick you up from Dehradun Railway Station at 6:00 am, pick charges are not included.

You will reach Sankri around 5:00 pm

Food from Dehradun to Sankri is not included in the cost.

Terms & Conditions

Inclusions

1. Accommodation. (Guest house, Home stay, Camping)
2. Meals while on trek (Veg.+ Egg)
3. Trek equipment's: Sleeping bag, mattress, tent (twin sharing), kitchen & dinning tent, toilet tent, utensils and crampon (if required)
4. All necessary permits and entry fees.
5. First aid medical kits, stretcher and oxygen cylinder.
6. Mountaineering qualified & professional trek Leader, guide and Support staff.
7. Transport from Dehradun to Sankri and return (According to itinerary)
8. Mules to carry the central luggage

Exclusions

1. Any kind of personal expenses.
2. Food during the transit.
3. Insurance.
4. Mules or porter to carry personal luggage.
5. Anything not specifically mentioned under the head.
6. Any kind of emergency evacuation charges.

Note

Normally Trip on Himalaya expect to carry your personal luggage on your own, if you wish to offload your backpack, you can give it to Mule.

Charges of offloading backpack:-

INR 1200/- if you make an online payment, 10 days in advance

INR 1500/- if you inform us after reaching Sankri

The backpack cannot weigh more than 11 kgs. Backpack should have waterproof cover. Suitcases/strolleys/ bags will not be allowed.

To book Rupin Pass Trek/ adventure program please use our online booking form or, alternatively, you can call us on the given for confirmation of tour you have to wire a deposit and initial deposit.

Paying the Trek/ Adventure activity fee

The fee can be paid by online transfer/check deposit/ demand draft. Instruction for payment will be forwarded along with your confirmation email. When your transfer is done, please e-mail us a confirmation mail with your transfer details, so that we can follow up your reservation efficiently.

When to Book

It is wise to make your booking at least two months in advance. However, if you want a good deal on your domestic/international flight, we recommend organizing your trip at least five months in advance. (Please contact us if you require a late booking)

Terms for Cancellation & Refund:

Customer is suppose to make a full payment in advance for the confirm bookings.

If in case a confirmed booking needs to be cancel than below are the refund policies

1. Prior 30 days of the confirmed date, 50% of the total amount would be refunded
2. Prior 25 days of the confirmed date, 40% of the total amount would be refunded
3. Prior 20 days of the confirmed date, 30% of the total amount would be refunded
4. Prior 15 days of the confirmed date, 20% of the total amount would be refunded
5. Prior 10 days of the confirmed date, 10% of the total amount would be refunded

Note: After the said time the Trip on Himalaya would not be entertaining any cancelation and no amount would be refunded whatsoever.

Trek Essentials

Trekking Gear

1. Ruck sack bag with rain cover. Qty -1
2. Day Pack Bag - Recommended for treks with summit day
3. Head Torch with spare Batteries. Qty -1
4. U V protection sunglasses. Qty -1
5. Water Bottles: 2 bottles of 1 liter each

Footwear

1. Non-skid, deep treaded, high-ankle trekking shoes Qty -1
2. Pair of light weight Slipper/Sandals Qty -1

Clothing

1. Quick Dry Warm lower or Track Pants. Qty - 2
2. Full sleeves T-shirts/ Sweatshirts. 1 for every 2 days of trekking
3. Pair of thick woolen socks. 1 pair for every two days of trekking
4. Thermal Body warmer Upper & Lower. Qty-1
5. Undergarments. Qty - 1 for every day of trekking
6. Warm jacket closed at wrist & neck .Qty-1
7. Full sleeves sweater. Qty -1
8. Rain wear (Jacket & Pants) . Qty-1
9. Pair of waterproof, warm gloves. Qty-1
10. Woolen cap. Qty-1
11. Sun shielding Hat. Qty -1

Toiletries

1. Personal toiletries kit (Small Towel, Toilet paper, paper soap, Bar soap, toothbrush, toothpaste, cold cream etc.)
2. Sun screen lotion small pack . Qty -1
3. Lip Balm small pack. Qty-1

Utensils

1. Small size, Light weight & Leak proof lunch box. Qty-1
2. Plate. Qty- 1
3. Spoon. Qty-1
4. Tea/Coffee (plastic) Mug. Qty-1

Miscellaneous

1. Camera (Optional)
2. Carry your medicines in plenty in case you have any specific ailment. Consult your doctor before joining the trek.
3. Dry fruits, Nuts, Chocolate bars (Optional)

Fitness For Trekking

Tips to get fit for Trekking

Experiencing trek is almost everyone's passion or dream. But before starting or planning for a hike, you must be aware of the during and post-trek pain of your body. It is essential to be strong enough to enjoy your whole trek without any disruption of body ache. One book or decide several months before going on a hike, so you have a significant amount of time exercising your body and training it to become flexible for the trek.

Following are some advantages of training yourself before trek:

- It fosters aerobic fitness.
- It improves blood circulation and breathing functions as well.
- It makes the heart strong, preventing it from any problem.
- It helps in toning legs.
- Muscles get build-up which is very beneficial.

Therefore, one must do practice to gain all these benefits. It is not only for the trek but for lifetime fitness also.

Let's have a look at some factors which must be kept in mind to practice before trek:

Importance of Stretching

It helps the body become flexible and allows you to move your body in any direction you want quickly. It helps make the joints such as shoulders, elbows, hips and knees stronger to prevent any misshaping. It provides much relaxation to your body and relieves the pain. And if you are going on a trek, it is essential to practice stretching way before your hike. It will help you in moving to the higher altitudes region more efficiently.

Sleep like baby

It is always said that one must sleep like a baby. It means sleep without any worries. This makes you have an adequate amount of sleep which is a significant factor in daily life. So, practice it daily and also before your trek. Try to make yourself comfortable to sleep at higher altitudes.

Fitness For Trekking

Good Shoes-Good Trek

It is so evident that one has to walk and only walk while Trekking, so it is far more essential to have a good pair of trekking/hiking shoes. Practice walking by wearing your boots before the trek to make yourself used to them. You may opt for an option to keep an extra pair in your bag while trek to help yourself in the opposite condition.

Contact Us

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Trip on Himalaya
24*7 Hours At Your Service

